



## 2026 Days of Awareness Calendar

**Purpose:** Use this calendar to plan your content and events and to anchor subject matter in key international or national celebration/awareness days. Within the column “Planning Notes,” note how each date aligns with your organization and any planned initiatives during this time.

**Note:** This is not an exhaustive list.

| Date            | Event  | Where It Is Celebrated | Planning Notes |
|-----------------|--|------------------------|----------------|
| <b>January</b>  |  |                        |                |
| 19              | Martin Luther King, Jr. Day                      | USA                    |                |
| 24              | International Day of Education                   | Worldwide              |                |
| <b>February</b> |  |                        |                |
| -               | Black History Month                              | USA & Canada           |                |
| -               | LGBTQ+ History Month                             | UK                     |                |
| 1-7             | World Interfaith Harmony Week                    | Worldwide              |                |
| 4               | World Cancer Day                                 | Worldwide              |                |
| 11              | International Day of Women and Girls in Science  | Worldwide              |                |
| 13              | Start of Sydney Gay and Lesbian Mardi Gras       | Australia              |                |
| 17              | Lunar New Year                                   | Worldwide              |                |
| 20              | World Day of Social Justice                      | Worldwide              |                |
| <b>March</b>    |  |                        |                |
| -               | Developmental Disabilities Awareness Month       | USA                    |                |
| -               | Greek American Heritage Month                    | USA                    |                |
| -               | Irish American Heritage Month                    | USA                    |                |
| -               | Multiple Sclerosis Education and Awareness Month | USA & Canada           |                |
| -               | Women's History Month                            | USA                    |                |
| 4               | Equal Pay Day                                    | USA                    |                |



| Date         | Event  | Where It Is Celebrated | Planning Notes |
|--------------|--|------------------------|----------------|
| 8            | International Women's Day  | Worldwide              |                |
| 17-23        | Neurodiversity Celebration Week  | Worldwide              |                |
| 13           | World Sleep Day  | Worldwide              |                |
| 20           | International Day of Happiness   | Worldwide              |                |
| 21           | International Day for the Elimination of Racial Discrimination                               | Worldwide              |                |
| 25           | International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade | Worldwide              |                |
| 30           | World Bipolar Day  | Worldwide              |                |
| 31           | International Transgender Day of Visibility  | Worldwide              |                |
| <b>April</b> |  |                        |                |
| -            | Arab American Heritage Month   | USA                    |                |
| -            | Autism Acceptance Month  | Worldwide              |                |
| -            | Celebrate Diversity Month  | Worldwide              |                |
| -            | Deaf History Month   | USA                    |                |
| -            | National Volunteer Month   | USA                    |                |
| -            | Sikh Heritage Month  | Canada                 |                |
| -            | Stress Awareness Month   | Worldwide              |                |
| 2            | World Autism Acceptance Day  | Worldwide              |                |
| 7            | World Health Day   | Worldwide              |                |
| 8            | International Day of Pink  | Worldwide              |                |
| 22           | Earth Day  | Worldwide              |                |
| <b>May</b>   |  |                        |                |
| -            | Asian American and Pacific Islander Heritage Month   | USA                    |                |
| -            | Asian Heritage Month   | Canada                 |                |
| -            | Jewish American Heritage Month   | USA                    |                |
| -            | Mental Health Awareness Month  | USA & Canada           |                |
| -            | Multiple Sclerosis Education & Awareness Month   | Canada                 |                |



| Date        | Event   | Where It Is Celebrated | Planning Notes |
|-------------|---|------------------------|----------------|
| -           | Older Americans Month   | USA                    |                |
| 1           | Spiritual Literacy Month  | Worldwide              |                |
| 3           | Asian American, Native Hawaiian, and Pacific Islander Women's Equal Pay Day                         | USA                    |                |
| 5           | National Day of Awareness for Missing and Murdered Indigenous Women, Girls, and 2SLGBTQQIA+ Peoples | Canada                 |                |
| 6           | Mom's Equal Pay Day   | USA                    |                |
| 11-17       | Mental Health Awareness Week  | UK                     |                |
| 17          | International Day Against Homophobia, Transphobia, and Biphobia                                     | Worldwide              |                |
| 25          | Africa Day  | Worldwide              |                |
| 27          | Reconciliation Week (starts)  | Australia              |                |
| <b>June</b> |   |                        |                |
| -           | 2SLGBTQIA+ Pride Month  | North America          |                |
| -           | Diversity Month (Global Alliance for PR and Communication Management)                               | Worldwide              |                |
| -           | Immigrant Heritage Month  | USA                    |                |
| -           | Italian Heritage Month  | Canada                 |                |
| -           | Men's Health Awareness Month  | Worldwide              |                |
| -           | National Indigenous History Month   | Canada                 |                |
| 1           | Global Day for Parents  | Worldwide              |                |
| 5           | World Environment Day   | Worldwide              |                |
| 8-14        | Carers Week   | UK                     |                |
| 15-21       | Men's Health Week   | UK                     |                |
| 13          | LGBTQIA+ Equal Pay Awareness Day  | USA                    |                |
| 15-21       | Refugee Week  | UK                     |                |
| 15-21       | Learning Disabilities Week  | UK                     |                |
| 19          | Juneteenth  | USA                    |                |



| Date             | Event   | Where It Is Celebrated | Planning Notes |
|------------------|---|------------------------|----------------|
| 20               | World Refugee Day                                   | Worldwide              |                |
| 21               | National Indigenous Peoples Day                     | Canada                 |                |
| 23               | International Women in Engineering Day              | Worldwide              |                |
| 27               | Canadian Multiculturalism Day                       | Canada                 |                |
| <b>July</b>      |   |                        |                |
| -                | National Minority Mental Health Awareness Month     | USA                    |                |
| -                | Social Wellness Month                               | Worldwide              |                |
| 5-12             | NAIDOC Week (celebrating Indigenous culture)        | Australia              |                |
| 10               | Black Women's Equal Pay Day                         | USA                    |                |
| 11               | World Population Day                                | Worldwide              |                |
| 14               | International Non-Binary People's Day               | Worldwide              |                |
| 18               | Black Leaders Awareness Day                         | UK                     |                |
| 24               | International Self-care Day                         | Worldwide              |                |
| 26               | Disability Independence Day                         | USA                    |                |
| 28               | World Hepatitis Day                                 | Worldwide              |                |
| 30               | International Day of Friendship                     | Worldwide              |                |
| <b>August</b>    |   |                        |                |
| -                | Black Business Month                                | USA                    |                |
| 1                | Emancipation Day                                    | Canada                 |                |
| 9                | International Day of the World's Indigenous Peoples | Worldwide              |                |
| 21               | Senior Citizens Day                                 | Various Countries      |                |
| 26               | Women's Equality Day                                | USA                    |                |
| <b>September</b> |   |                        |                |
| -                | Blood Cancer Awareness Month                        | Worldwide              |                |
| -                | Childhood Cancer Awareness Month                    | Worldwide              |                |
| -                | National Recovery Month                             | USA                    |                |



| Date           | Event  | Where It Is Celebrated | Planning Notes |
|----------------|--|------------------------|----------------|
| -              | National Suicide Prevention Month              | USA                    |                |
| -              | World Alzheimer's Month                        | Worldwide              |                |
| -              | World Dementia Awareness Month                 | Worldwide              |                |
| 5              | International Day of Charity                   | Worldwide              |                |
| 7              | Ukrainian Heritage Day                         | Canada                 |                |
| 8-14           | Māori Language Week                            | New Zealand            |                |
| 10             | World Suicide Prevention Day                   | Worldwide              |                |
| 15             | Hispanic Heritage Month (starts)               | USA                    |                |
| 18             | International Equal Pay Day                    | Worldwide              |                |
| 23             | Bi Visibility Day                              | Worldwide              |                |
| 25             | National Native American Day                   | USA (not all states)   |                |
| <b>TBD</b>     | <b>National Inclusion Week</b>                 | <b>UK</b>              |                |
| <b>October</b> |  |                        |                |
| -              | Black History Month                            | UK                     |                |
| -              | Breast Cancer Awareness Month                  | Worldwide              |                |
| -              | Domestic Violence Awareness Month              | USA                    |                |
| -              | Global Diversity Awareness Month               | Worldwide              |                |
| -              | Islamic Heritage Month                         | Canada                 |                |
| -              | LGBTQ+ History Month                           | USA                    |                |
| -              | Menopause Awareness Month                      | Worldwide              |                |
| -              | National Disability Employment Awareness Month | USA & Canada           |                |
| 1              | International Day of Older Persons             | Worldwide              |                |
| 2              | International Day of Nonviolence               | Worldwide              |                |
| 6              | World Cerebral Palsy Day                       | Worldwide              |                |
| 7              | Latina Women's Equal Pay Day                   | USA                    |                |
| 8              | World Sight Day                                | Worldwide              |                |



| Date            | Event  | Where It Is Celebrated | Planning Notes |
|-----------------|--|------------------------|----------------|
| 10              | World Homeless Day                               | Worldwide              |                |
| 10              | World Inclusion Day                              | Worldwide              |                |
| 10              | World Mental Health Day                          | Worldwide              |                |
| 11              | National Coming Out Day                          | USA                    |                |
| 11              | International Day of the Girl                    | Worldwide              |                |
| 12              | Indigenous Peoples' Day                          | USA                    |                |
| 15              | Hispanic Heritage Month (ends)                   | USA                    |                |
| 15              | International Day of Rural Women                 | Worldwide              |                |
| 16              | World Food Day                                   | Worldwide              |                |
| 17              | International Day for the Eradication of Poverty | Worldwide              |                |
| 18-24           | National Carers Week                             | Australia              |                |
| 21              | International Pronouns Day                       | Worldwide              |                |
| <b>November</b> |  |                        |                |
| -               | Native American Heritage Month                   | USA                    |                |
| -               | Diabetes Awareness Month                         | USA                    |                |
| -               | National Family Caregivers Month                 | USA                    |                |
| -               | November Men's Health Awareness Month            | Worldwide              |                |
| 8               | Diwali (Hindu Festival of Lights)                | Worldwide              |                |
| 8-14            | Inter Faith Week                                 | UK                     |                |
| 9               | World Adoption Day                               | Worldwide              |                |
| 11              | Veterans Day                                     | USA                    |                |
| 11              | Remembrance Day                                  | UK & Canada            |                |
| 13              | World Kindness Day                               | Worldwide              |                |
| 13-19           | Transgender Awareness Week                       | Worldwide              |                |
| 16              | International Day for Tolerance                  | Worldwide              |                |



| Date            | Event  | Where It Is Celebrated | Planning Notes |
|-----------------|--|------------------------|----------------|
| 20              | Transgender Day of Remembrance                                       | Worldwide              |                |
| 22              | National Disability History Month (starts)                           | UK                     |                |
| 22              | Equal Pay Day  | UK                     |                |
| 27              | Native American Heritage Day   | USA                    |                |
| 30              | Native American Women's Equal Pay Day                                | USA                    |                |
| <b>December</b> |  |                        |                |
| -               | HIV/AIDS Awareness Month   | Worldwide              |                |
| -               | Universal Human Rights Month   | Worldwide              |                |
| 1               | World AIDS Day   | Worldwide              |                |
| 2               | International Day of the Abolition of Slavery                        | Worldwide              |                |
| 3               | International Day for Persons with Disabilities                      | Worldwide              |                |
| 4-13            | Hanukkah   | Worldwide              |                |
| 5               | International Volunteer Day  | Worldwide              |                |
| 6               | The National Day of Remembrance and Action on Violence Against Women | Canada                 |                |
| 8               | Bodhi Day  | Worldwide              |                |
| 10              | International Day of Human Rights                                    | Worldwide              |                |
| 18              | International Migrants Day   | Worldwide              |                |
| 20              | International Human Solidarity Day                                   | Worldwide              |                |
| 25              | Christmas Day  | Worldwide              |                |
| 26              | Kwanzaa (starts)   | Worldwide              |                |

Want to suggest additional dates or share how your organization is celebrating? Make sure to participate in our upcoming DEI Survey.



International Association  
of Business Communicators